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graded to meet the requirements of the individual. A good general nourishing diet is provided, but forced feeding is not aimed at, as it as a rule defeats its own end. Whilst on this subject of dyspepsia, I wonder if many officers engaged in this sphere of work have noticed how often an acid mixture works wonders where an alkaline mixture fails? An apparent acid property of the body fluids of the tubercular patient has been engaging my attention for some time, as I feel that some useful work may be done in this connection.

The questions of raw-meat diet or salt-free diet have not yet engaged our serious attention. I note that in a recent review of the subject, it is stated that the treatment of pulmonary tuberculosis by Herman's Dorfers' salt-free diet has met with negative results. It is believed that deficiency of vitamins, especially of vitamin C, is the cause of the fall in weight of tubercular patients in the early or pre-toxæmic stages. This avitaminatosis is combated in our diet by the inclusion of liberal quantities of fresh green vegetables (produced in the sanatorium garden), fruit, eggs, and milk.

ACTINOTHERAPY is made use of principally in the section devoted to cases of surgical disease. Our apparatus includes five radiant-heat lamps, one quartz mercury vapor lamp, and two carbon arc installations. Ultra-violet light is not used in the treatment of patients suffering from pulmonary tuberculosis, by reason of its tendency to cause reactions. It is further only sparingly used in cases with glandular involvement, as I have noticed a tendency in such types to the formation of pus. The principal virtue I have experienced with this form of therapy—and this applies most particularly to the radiant-heat lamps—is the loosening and rendering flexible infected joints which have become quiescent and which were previously more or less fixed in position. Natural heliotherapy is also applied according to the opportunities permitted by our variable climate.

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